

UNC HEALTH
SECTION OF DEVELOPMENT, BEHAVIOR, AND LEARNING
Developmental Behavioral Pediatrics

Dear Parent / Guardian,

We have received a referral for your child and look forward to meeting with you!

To help us make the most of your child's visit, please review these instructions:

- 1. Complete the attached Parent Questionnaire and e-mail it back to us at UNCDBL@med.unc.edu.** Completing this ahead of time will allow us to spend more time with you and your child during the appointment.
- 2. If your child has an IEP, please send it to us at UNCDBL@med.unc.edu,** along with any additional documentation or evaluation(s) to help us best understand your child.
- 3. Bring a list of medications to the appointment. If your child takes daily medication, please give it as prescribed.**
- 4. If your child wears glasses or uses any adaptive devices, bring those with you as well.**

During your initial visit, we will have the opportunity to meet your child and will do our best to address your concerns. Additional visits for further testing and evaluation may be necessary.

This appointment will take longer than most medical appointments (around 3 hours for psychological testing and around 1½ hours for our other providers).

Depending on your child's age, please feel free to bring a small snack, favorite toy, or activities that they enjoy to help keep them comfortable during the visit.

If possible, it may be helpful to leave siblings at home or with other caregivers so that you and your child can participate fully in the visit.

Thank you for your help. We look forward to meeting you!