



Correct Use of MDI and Spacer with Mask

Below are the steps for the correct use of a metered dose inhaler (MDI) and spacer with MASK. Caregiver/patient should perform the following:

1. Shake the canister for 5 seconds.
2. Prime MDI. (Varies depending on MDI brand, see package insert.) In general:
 - If MDI not used in 2 weeks or has been dropped: spray 2 puffs into air
 - If MDI never used before spray 4 puffs into air
3. Insert the MDI into the spacer.
4. Place the mask on the face, covering the mouth and nose completely.
5. Look for a seal around the mouth and nose and the mask.
6. Press down the top of the canister to release 1 puff of medicine.
7. Allow the child to take 6 breaths with the mask in place.
8. Wait 1 minute after 6th breath before giving another puff of the medicine.
9. Repeat steps 4 through 8 depending on how many puffs are indicated on the prescription.

Cleaning Instructions

1. Remove mask and the rubber end of spacer where the MDI fits.
2. Rotate spacer mouthpiece counter-clockwise and lift up to remove.
3. Lift the valve off the clear posts at the end of the chamber.
4. Soak the parts in warm water with clear, liquid detergent for about 15 minutes.
5. Rinse in clean water and shake to remove excess water.
6. Allow all parts to air dry. DO NOT dry with a towel.
7. To reassemble, hold chamber upright and place valve over clear posts. Replace spacer mouthpiece and turn it clockwise until it locks into place.
8. Replace the back rubber end onto the spacer.